



KMOC Presents

Women's Self Defense Seminar

A collage of four photographs showing women practicing Krav Maga. The top photo shows a woman in a red top performing a chokehold on a man. The bottom-left photo shows a woman in a dark shirt practicing a defensive technique. The bottom-middle photo shows a woman in a green tank top practicing a shoulder strike. The bottom-right photo shows a woman in a black tank top practicing a defensive technique.

FIGHT BACK

**Saturday March 1st
10:00 am - 13:00 pm
17751 Sky Park East, Suite E
Irvine, CA 92614**

Free for members, \$105 for nonmembers

www.kravmagaoc.com

(949) 333-0736